

# Firs Things

**November 2009**

A monthly publication of  
First Evangelical Lutheran Church

**100 Peace Ridge  
Lake City, Minnesota 55041**

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**Office Hours**  
8 a.m. — 4 p.m.

**First Lutheran Website**  
[www.firstlc.org](http://www.firstlc.org)

**Regular Worship Schedule**  
5:30 p.m. Saturday  
9:00 a.m. Sunday

**TV Worship Times**  
Sun. 5:30 p.m., Mon. 11 a.m.,  
Tues. 9:30 a.m., Thurs. 4 p.m. & Fri. 8 p.m.

**Pastor Darren Paulson**  
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**Director of Youth and  
Family Educational Ministries**  
Cindy McPeake....cindy.mcpeake@firstlc.org

**Director of Worship & Music**  
Coleen Fowler....coleen.fowler@firstlc.org

**Organist**  
Jim Bahler

**Parish Administrator**  
Karyn Glomski....karyn.glomski@firstlc.org

**Receptionist**  
Anne Pflaum....anne.pflaum@firstlc.org

**Custodian**  
Loren Prigge



## DAYLIGHT SAVINGS TIME!

Remember to turn your clock back  
an hour on Sunday, November  
1st!!!

## ALL SAINTS WEEKEND November 7 & 8

Join us for worship with those that are beginning their faith journey  
and those that have gone before us. November 2008-2009

### Baptized

Kaylee Rose Smith	November 29, 2008
Avery Olean Podulke	January 17, 2009
Julia Kristine Huettl	January 24, 2009
Alexandrea Nicole Podulke	February 1, 2009
Brayden Loren Waters	February 28, 2009
Jonathan Martin Klein	March 22, 2009
Jacob Robert Nibbe	May 23, 2009
Owen Anders Kopp	June 28, 2009
Linnea Jane Harvey	July 26, 2009
Lauryn Kristine Stolzenberg	September 6, 2009

### Deaths

Hazel Freiheit	January 29, 2009
Evelyn Skaggs Baker	February 10, 2009
Verle Copp	February 18, 2009
Dorothy O'Hara	April 1, 2009
Rolin "Mike" Johnson	May 10, 2009
Raymond Dahl	August 24, 2009
Rev. Alton Larsen	October 4, 2009

## Pastor's Page from Pastor Darren Paulson



Several years ago, our family took a vacation to Italy for the wedding of a family member. A particular destination that was memorable was the Cinqua Terra, five ancient villages perched along the northern Mediterranean coastline. Centuries old houses and shops were packed and stacked, one upon another as buildings clung to the sides of the steep, rocky hillside that swept into the sea. Imagine the town of Lake City built entirely along the slope of our bluffs with the shoreline gently lapping at the edges!

Making our way along the narrow, twisted streets, I particularly noticed the construction detail of buildings. A survey of the walls - from the city street all the way to the roofline - took the appearance of an archaeological cross section: stones, beams, brick and stucco layered to chronicle the span of history as recorded in building material. Eras of human history were built upon the foundation and ruins of those before it - extending deeper than what was visible to our eye. In the disorder and disarray, there was a wondrous beauty and harmony to the community.

These communities persevered through centuries of war, famine, disease, poverty and natural disaster. One shop owner took the time to proudly point out a mortar shell still lodged in his wall - a bittersweet reminder of World War II. Yet, there they continue to live and thrive, honoring their past, building upon the remnants and moving courageously into the future.

First Lutheran, too, honors our past and moves into the future. We have been built upon the foundation of those who have gone before us - and, yes, even upon the ruins of conflict and disasters past. This month, we honor those who have gone before us: notably with our **140th Anniversary Celebration** on Nov. 1st and our **All Saints Services on Nov. 7th & 8th**. With thanksgiving, we pause to acknowledge the character, strength, courage and faith of those who have preceded us - and cast our eyes to the future of where God is leading us.

I'm excited to see the "new construction" that is happening at this time. We continue to receive **new members**. Please take a moment each time you're at church to introduce yourselves to someone you don't know - your welcome is profoundly important. In January, I will be attending a **Stephen Ministry** training in Orlando, Florida along with Kathy Jo Rodester. Upon our return, we'll begin the investment of training people of our congregation to extend a caring ministry to others in need. A new **Heath and Wellness Ministry** was initiated this past month with the leadership of Anne Marie Kjelland - please see the summary of our conversation in this month's newsletter - and look for more to come! And our **stewardship appeal** builds with gratitude upon your faithful generosity as we grow with Christ.

Yet we also navigate our way through challenges and difficulties. If we look into our past, it is not difficult to identify conflict and hardship, adversity and division. Outside forces of the economy and uncertainty in our financial systems make us unsettled. Changes in our culture concern us and debates and disagreements threaten to sweep us into a sea of conflict.

But... but, there is an assurance. There is an assurance in the Foundation that extends deeper than what is visible to our eye. There is a mighty and gracious God who is able to build with wondrous beauty and harmony a community of people who will move into the future with an ancient promise: "I will be your God, and you will be my people."

*Peace be with you.*

A handwritten signature in cursive that reads "Pastor Darren Paulson".



*Living in God's amazing grace*

## Thanksgiving Eve Worship Service

### Come Celebrate Thanksgiving Eve

**Wednesday, November 25 at 7:00 p.m.**

Come you thankful people come; raise the song of harvest home.

All is safely gathered in, Ere the winter storms begin.

God, our maker, does provide, for our wants to be supplied.

Come to God's own temple, com, Raise the song of harvest home. (LBW Hymnal #407)

## Youth Connection with Cindy McPeake Director of Youth, Family & Educational Ministries



### Confession

This word might bring many thoughts to your head. We do it every week. You might think of it as a time to tell God everything you have done wrong that week.

When you think about confession you think about all the bad stuff, the dirty stuff, the stuff we do wrong. But was if confession isn't about that? What if it's meant to be a freeing time?

Think of confession this way- have you ever been in a situation, let's say a class, or with a group of people, and something gets said that you don't understand? What do you do? Most of us would go with the flow, *pretend*, that we knew what was going on and hope no one notices. From there you fall behind, or feel left out of the conversation. From there the pressure begins- the pressure to keep up, though you know you can't, the pressure to know all the right things, but you don't...the pressure keeps building.

Confession releases you of that. Confession is saying, "I can't keep up", "I don't understand, "I struggle", I can't do this alone". Confession is acknowledging what is on the inside and letting it out.

I recently heard this image to explain confession. Imagine eating a really bad meal- what happens? Sometimes you get along just fine, but other times, it has to come out. And so you kneel and let it out. You keep kneeling until all the bad, all the wrong, all the gross comes out of you. All the while, a parent, spouse or friend sits with you, soothing, rubbing your back saying, "Its ok. Let it out. Keep going". In that moment, the moment when you humble yourself, get on your knees and get it out, the Lord comes to you- soothing.

Proverbs 28:13 says, "Those who conceal their sins do not prosper, but those who confess and renounce them find mercy."

The word mercy means to soothe and cherish. When we confess that we can't do it all, we don't have all the right answers, we need help, we receive God's mercy. We are soothed. We are cherished. We are freed.

Confession releases us from the burden of keeping it in. Confession releases the pressure of being right all the time.

Confession is freedom. Be free in Christ's mercy. Be free to be wrong. Be free to struggle. Be free to not have it together.

Get it out. Christ is there to soothe.

## From our Congregation President, Dean Flugstad



Dear Friends,

We are now beginning the preparation for transition to a new year with a change in members serving on the church council. We are very blessed to have 12 talented and dedicated individuals now serving. There is a possibility of up to six members ( depending on how many decide to accept a second term) will be stepping down in January. Council members serve a two year term and during that time attend meetings once a month and serve as liaisons to one of our many boards and report back to the council on their needs and activities. Please consider accepting the call when asked to serve on the council, you will receive much more than you give. Thank you.

November 1st was the highlight of this year's Stewardship drive and we thank all who have pledged and encourage everyone to return your commitment card so the Church Council can plan a budget for 2010. Again we thank you very much for your continuing faithful support.

At the beginning of October the purchase agreement of the Education Building was cancelled. Now that the buyer for the Education Building has decided against completing the agreement, we are requesting your help in any way you are able. New ideas for use of the building and possible buyers are welcome. Thank you for keeping this in mind as you talk to people in the community. Who knows where an idea may come from!

Blessings,

Dean Flugstad

## Chatting with Coleen Fowler Director of Worship & Music Ministry



### WEDNESDAY REHEARSAL SCHEDULE

4:00 Cherub Choir  
4:30 Junior Choir  
5:00 Handbell Choir I  
6:00 Handbell Choir II  
7:15 Senior Choir  
8:30 Small groups, Solos, Ensembles

**PRAISE ENSEMBLE REHEARSES**...every Saturday at 4:30 p.m. before the 5:30 p.m. worship service. Anyone is welcome to sing with us. You do not need to read music to join this group. Youth are welcome.

**BRASS ENSEMBLE**...rehearses when needed. Usually rehearsals are on Saturday or Sunday after Worship. They will be playing again on Sunday, November 8<sup>th</sup> for All Saints Celebration.

**RED WING SILVERTONES SENIOR CHORUS**...will rehearse on Tuesday, Nov. 10<sup>th</sup> at FLC. Seniors who like to sing are welcome. Silvertones rehearse at FLC every 2nd Tuesday of the month. Otherwise, they rehearse in Red Wing on Tuesdays at the Methodist Church.

**NEWS**...There will be special music each Sunday during Advent including the small group and solo numbers from the Advent By Candlelight Service. Our bells will play, Lisa Lenth will be playing flute, our brass ensemble will play and as always we'll be using our new piano and organ.

**GRAND PIANO FUND**...is getting closer each week. If you would like to be a permanent part of our church history, you still have an opportunity to contribute to our piano renovation fund. There will be a dedication program sometime in the early Spring with a booklet telling the history of the piano, how it was renovated, and who has contributed to this important addition to our church. The piano has truly been a part of our entire church family. Look at the graph made by Sig Anderson and you will see contributions in memory of many loved ones. You will notice contributions made in honor of loved ones such as grandchildren, an anniversary, a birthday and several contributions from friends of the church. What a great project! We have raised **\$8,254.94** and only need **\$4,295.06** more.

Thanks to you as a congregation for being supportive of all our musical endeavors.

Peace, love and blessings,

## Live Nativity at First Lutheran Church

### Animals & People Needed for Live Nativity Scene

**Saturday, December 19 from 4:00 - 6:00 p.m.**

First Lutheran has begun preparation for our annual Live Nativity Scene! Wanted are: Carpenters, Participants for our "Outdoor Scene" (Teens and Adults are needed), Animals, Animal caretakers, Hay Bales. Costumes will be provided. No speaking parts!

Also, needed are your personal Nativity sets for our indoor display.

Please contact Mavis Hawkins at 345-2343 for questions and more information.

## 2009 Stewardship Challenge

### 2009 “Make It Simple” Stewardship Challenge

On Rally Sunday, 30 envelopes containing varying amounts of cash were distributed to members, including children, teenagers, and adults. Those people accepted our stewardship challenge, and we are proud to report the creativity and generosity of those who participated:

#### **Food Shelf Donations**

Emily Albright donated her \$5 to the Food Shelf. Mrs. Dahling explained the multiplying effect of cash donations. For each dollar donated, the Food Shelf can buy \$5 worth of food. In reality, \$5 becomes \$25!

Zack Johnson donated his \$5 to the Food Shelf, also noting the multiplicity of cash donations.

Jenny Schlagenhaft was a part of a “Food Fight for the Food Shelf” at her work place. Her \$5 was multiplied four times over. Her team did not win the competition, but she states, “The real winners are the families being served by our food shelf.”

Judy Bremer placed a “Change for the Food Shelf” bucket at Bushel & Peck. Her \$2 yielded a total of \$49.19. Wow! When they removed the bucket so they could turn in their funds, a gentleman who bought apples asked, “Where’s the bucket for the Food Shelf?” The bucket has been placed back in its original place and continues to receive donations for this local cause.

Julie Deschneau matched her \$10 from money she receives for personal services at weddings/funerals.

Trudi Paulson donated her \$5 to the CROP Walk where the money will be shared with the hungry, both locally and globally.

Cindy Ebert contacted family and asked for matching funds for the Food Shelf. Her \$10 gift yielded \$50!

Bob Johnson attended the Traveling Shoes Gospel Concert sponsored by the Food Shelf and made a personal donation of \$20, along with \$3 of his stewardship challenge funds.

Cole Erickson decided to match his \$5 and then ask other friends and family members to do the same. The money will help our local families who are served by the Lake City Food Shelf. So far, he has collected \$60 toward his goal of \$100 and more pledges are coming in.

Claire Steffen and Maggie Falvey combined their funds. They purchased \$30 worth of birthday cake mixes, frostings, and candles. They made “birthday bags” for the Food Shelf. They said, “People who are less fortunate may not have the money to afford cake and such. This way they can have a festive birthday.”

Don Mueller is still working on his project. He hopes to raise funds by asking for donations for the Food Shelf. With a contribution of any amount, people will be entered in a drawing for a cheesecake or flourless chocolate cake donated by Aubergine Catering (a new business being developed by his wife). The winner will have this treat in time for holiday entertaining.

#### **Quilt, Craft, & Bake Sale Donations**

Jackson & Emma Berge picked fresh raspberries to sell. Their \$5 bought containers. Their proceeds totaled \$20.

AnnElise Ender bought sure jell and jar lids with her \$20. They sold jams, bread, and bars. The Ender’s profit total was \$93.50.

Cam Ender used his \$2 to buy chocolate chips for the Rocky Road bars for the sale.

Lori Lichtblau used her \$20 to buy fabric and a sweatshirt. She creatively turned those into a table runner and a tote bag, with a value of \$45.

## 2009 Stewardship Challenge Con't

### General Fund Donations

Jeffrey Mund had \$20 and bought supplies to clean their cars. He turned in \$26.

Mitchell Mund turned his \$2 into \$6 by washing windows.

Maddy Paulson sold tomatoes from their garden and has \$12.90 for the church.

Sylvia Hoffman doubled her \$15 by asking others for \$1 donations.

Sam Mangold took a chance with his \$2 in a basketball bet with his dad. He won and now has a gift of \$4 for the church.

Shirley Luettinger used her \$20 to purchase a music book for piano or organ that she can use when she plays for our church and other local churches. In addition, she is making a \$60 donation to First Lutheran. She is sharing her money, as well as her musical talent.

Margaret Selleseth used her \$5 for postage and mailed letters to her four adult children asking for a contribution to the church of their youth! \$5 increased to \$75!

Heidi Berge looked for something that she could "do without" this month. She says, "I started with \$30 and now there is \$60 by giving up a personal pleasure—a pedicure."

### Building Fund Donations

Bob Johnson used \$4 of his stewardship gift and added \$100 for the Building Fund.

Gordon & Myra Foss tripled their \$10 and gave a donation of \$30 to the Building Fund.

### Piano Fund Donations

Noah Paulson & Tyler Johnson worked together on selling kool-aid, hot chocolate, and brownies.

Tyler said, "I made \$14.80 more than I started with," and he turned in \$24.80.

Noah's total was \$18.27. He said, "I would like this to go to the Piano Fund. If the piano is paid off, I'd like it to go to the Sunday School collection."

What a positive attitude!

Bob Johnson gave a \$100 donation for the piano, along with \$3 from his \$10 stewardship gift.

### Miscellaneous Donations

Laura & Damian Fritterer had \$5, and their children, Cora & Sam, had \$2 in their envelopes. They chose to double it and gave \$14 to Pennies for Peace, which gives the gift of education to children in Pakistan and Afghanistan.

Luther Berkeland gave his \$20 to Campus Ministries at Luther College, where it will be used to help prepare the future leaders of our church.

The Stewardship Board placed \$300 in these challenge envelopes. The following gifts are the result of those returns:

\$307.19	Food Shelf
158.50	Quilt/Craft/Bake Sale
273.90	General Fund
134.00	Building Fund
146.07	Piano Fund
14.00	Pennies for Peace
<u>20.00</u>	Campus Ministries
\$1053.66	TOTAL

*Thanks to all who willingly participated!*



# From our Financial Secretary and Treasurer Mavis Hawkins and Chuck Bremer



## GENERAL FUND

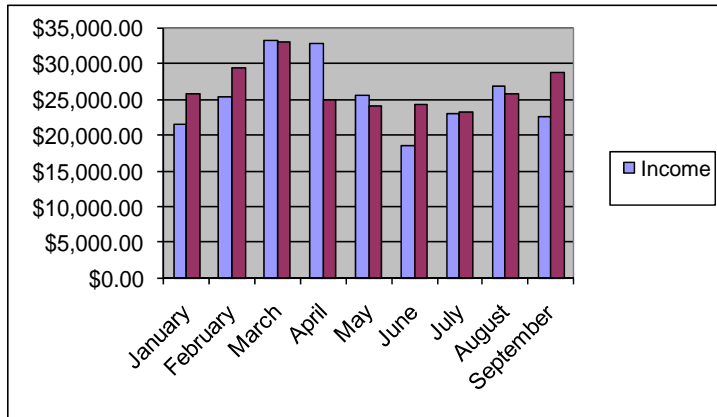
	January	February	March	April	May	June	July	August	September
<b>Income</b>	\$21,563.13	\$25,315.79	\$33,175.57	\$32,897.00	\$25,640.08	\$18,565.88	\$23,107.06	\$26,855.95	\$22,477.00
<b>Expense</b>	\$25,711.88	\$29,406.45	\$33,100.32	\$24,886.00	\$24,059.47	\$24,221.85	\$23,208.46	\$25,764.11	\$28,769.16

**General fund:** Sept. 30, 2009

**Income year to date:** \$227,969.60

**Expense year to date:** \$233,883.91

**Income less expense:** -\$5,914.31



## BUILDING FUND

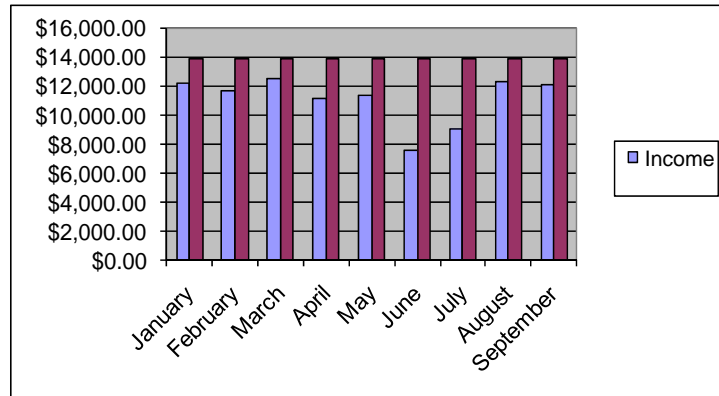
	January	February	March	April	May	June	July	August	September
<b>Income</b>	\$12,180.28	\$11,713.04	\$12,527.00	\$11,090.00	\$11,311.50	\$7,572.50	\$9,067.00	\$12,332.00	\$12,123.00
<b>Expense</b>	\$13,854.13	\$13,854.13	\$13,854.13	\$13,902.00	\$13,854.13	\$13,854.13	\$13,854.13	\$13,854.13	\$13,854.13

**Building fund:** Sept. 30, 2009

**Income to date:** \$98,901.88

**Expense to date:** \$124,735.17

**Income less expense:** -\$25,833.29



## Prayer Ministry

### Prayer Request

Here is a list of the Prayer Team Chairpersons for each week in the month of **November**.

*The Prayer Chain is an invitation to our members to pray for each other, members of our extended Christian community and world concerns. If you have a prayer request, you may contact the Chairperson listed for that week or call the church office at 345-5003.*

**Nov. 1: Prayer Chain #1** Vi Stinson 345-4371  
**Nov. 8: Prayer Chain #2** Dee Holmgren 345-5555  
**Nov. 15: Prayer Chain #3** Betty Smith 345-2304  
**Nov. 22: Prayer Chain #4** Shirley Luettinger 345-2429  
**Nov. 29: Prayer Chain #1** Vi Stinson 345-4371

***In our Nursing Home, Home Bound, and Assisted Living:*** Howard Fick, Arline Schmidt, Gertrude Martin, Lillian Johnson, Mary DeGroat, Rozella Lloyd, Ralph O'Connors, Ione O'Connors, Fred and Pat Vavra, Bill & Edith Hammer

***All service men and women:*** Jared Morgan, Justin Fuchs, Todd Plote, Ricky Frickson, Randy Frickson, Garret Rigelman, Matt Sikkink, Ryan Steffenhagen

### Remember in Prayer...

#### **Health Concerns**

Bob Johnson	Margaret Wehking
Marv Berkeland	Dave Moses
Dawn Heitman	Joe Jerdee

#### **Friends and Family**

Ken Staples (Corrine Johnson's brother)  
John Brunkow (Dale Nibbe's cousin)  
Mary Dwelle Coyle (Glenn & Angie Dwelle's daughter)  
Allen Fravert (Carol Schmidt's father)  
Audrejean Myrah (Kristi Griffin's mother)  
Jan Kylo (Mary Berg-Prigge's cousin)  
Richard Stalvo (Sandy Swan's father)  
Rita Dwelle (Glenn & Angie Dwelle's daughter-in-law)  
Jessie Kutina (mother of Debbie Mickelson)  
Judy Francois (sister of Dick Severson)  
Darl Boone (son-in-law of Phil & Dana Gartner)  
Mia Oeltjen (granddaughter of Donna Oeltjen)  
Kristopher & Rebecca Hartwig (our missionaries in Tanzania)  
First Lutheran Council Members

If you would like to be part of an email prayer chain group that prays for the healing of others, please email Pastor Darren Paulson at [darren.paulson@firstlc.org](mailto:darren.paulson@firstlc.org)

### Special Thank You To...

- ◆ All those involved to help make the Fall Festival a huge success!!
- ◆ To those who were involved with S.T.O.R.M. Camp.  
You helped make a difference!
- ◆ Kristi Griffin for coordinating the CROP Walk.

### Attention Snowbirds

**ATTENTION ALL SNOWBIRDS...Please let the church office know your address and the dates you will be leaving and returning so that we can make sure your FLC mail is forwarded properly!!**

### Adopt A Family

Our Adopt-A-Family project will soon be underway. A committee has been formed and mittens are being cut-out with gift suggestions that the families are requesting. Our families are being adopted through the Lake City Food Shelf.

Paper Mittens will be out at the Blessing Café soon!!

Please watch for more details in the coming weeks!!

## Youth & Family Ministries—November Events

**Sunday, November 1: First & 3<sup>rd</sup>.** Get crafty. We'll be painting ceramic pots and maybe even planting some flowers to add a little color to the Fall season. **We start at 6pm**-See you there!

**Sunday, November 15: First & 3<sup>rd</sup>.** Come out to make tasty quesadillas and watch the Nooma video, "Store". **Fun starts at 6pm...we should finish up by 7:30pm!**

**Wednesday, November 18: CAPTIVE FREE.** Captive Free is back! They will be here to hang out with K.F.C. kids, ReKindle class and the nursing home. All members are invited to their program on **Wednesday, November 18 it starts at 6:30pm.** This is a great chance to check them out and get excited for Youth Quake in March...see you there! ***If you are interested in hosting a team member, please see Cindy for details!***

**Sunday, December 6: First & 3<sup>rd</sup>.** It's Romans and Christians time! Wear dark clothes and bring you "A" game!

***First & 3rd meets from 6-7:30pm every first and third Sunday of the month! 7th grade and up invited!***

**K.F.C. Schedule/Topics:** *K.F.C. is for First- Sixth graders. We meet every Wednesday from 3-4pm.*

Schedule:

2:50 Pick up at Bluff View

3-4 KFC Activities and Snack

4-5 Children's Choir and Quiet Activities

Topics:

4: Scratch Board Pictures

11: Jiggle, Shake, Quake!

18: Captive Free

25: NO K.F.C.

**REMINDER: there is NO K.F.C on Wednesday, November 25- Happy Thanksgiving!**

**SAVE THE DATE- CALLING ALL WOMEN!** Join us for a women's retreat at Camp Amnicon on **February 19-21.** Come out for a weekend filled with relaxation (there's a sauna), winter fun (hiking, skiing, maybe even snowshoe making), fellowship (chats around the campfire...with wine), worship and MORE! Take some time out from work, family and household responsibilities! Put the date on your calendars now...more details to follow!

## Here's what's happenin'!....

### Sunday School:

**Sunday, November 1:** Happy Anniversary First Lutheran! We all join together to celebrate 140 years of worship. There will be Sunday School on this day. Please join us for class and then stay for the brunch (tickets are required)!

**Sunday, November 22:** The Sunday School kids will be singing during worship for the 9am service. Please arrive at 8:45am to practice and get ready. We will be working all month to get ready-see you there!

**Sunday, November 29: NO CLASS, Thanksgiving break**

**Offering:** As we move into November the Christmas and advent season quickly approaches! During the months of November and December our offering money will again go towards Adopt-a-family. We will be raising money to help make some children's holiday a little brighter! **Make sure to check out our building fund display- we raised over \$150!**

**Birthdays:** November birthdays will be celebrated on **November 22nd-** make sure to bring in your pennies if you have a birthday this month!

### ReKindle:

**Wednesday, November 4: NO CLASS, Small group leader huddle**

**Wednesday, November 18: Captive Free Night!** The Central Plains team will be joining us for class. Their program includes worship songs, skits, puppet shows and other fun events! All students are expected to attend this great event! *If you would be willing to host a Captive Free member, please contact Cindy for details!*

# Happy Birthday and Happy Anniversary!

## November 1

Karen Moses  
*Richard & Gwen Schafer*

## November 2

Richard Geary

## November 3

Rand Conway

## November 4

*Joel & Janet Beckman*

## November 5

Howard Fick

## November 6

Aaron Ferguson  
Shyra Golding  
Travis Kopp

## November 7

Cory Gagnon  
Mavis Sprick

## November 8

Todd Plote  
Terri Schumacher  
Margaret Selleseth

## November 9

Roger Helgerson  
Delane Krier  
Steven Wooding

## November 10

Dena Huettl  
Laura VanLoan

## November 11

Heather Plaetz  
Ralph Wiebusch

## November 13

Eric Anderson

## November 14

Austin Ebert  
Beverly Polk  
Kathy Zwiener

## November 17

Myra Foss

## November 18

Jody Carlson  
Sean Gnotke  
Sydney Pribyl

## November 19

Lisa Peters  
Jennifer White  
*Michael & Laura VanLoan*

## November 20

Matt Grimley  
Tracy Harms  
Sylvia Hoffman  
*Damian & Laurie Fritterer*

## November 21

Terri Breyfogle  
Valerie Smith  
*Randy & Kim Vander Laan*

## November 22

Heather Beck  
Julia Huettl

## November 23

Jenna Sommer

## November 24

Darren Brunn  
Nicholas Schlagenhaft  
Jill Steffen

## November 25

*Thomas & Milly Gagnon*

## November 26

Neil Stolzenberg

## November 27

Diane Murray  
Luke Narum  
Michael Tiedeman

## November 28

Roger Hinck

## November 29

Damian Fritterer  
Dan Meyer  
Arline Schmidt  
Paul Tackmann

## November 30

Kate Halverson  
Mark Harmon  
Emma Narum  
*Russell & Janice Johnson*

Birthdays are listed first  
*Anniversaries are in italics*

***If your birthday or anniversary is not listed, please let the church office know at 345-5003***

## Stephen Ministry Update

On Sunday, January 10<sup>th</sup>, Kathy Rodester and Pastor Darren Paulson will travel to Orlando, Florida for one week which will involve 50 hours of Stephen Ministry training. The coursework will include leadership development, training skills and material resources that they will bring back to First Lutheran to begin training for our own Stephen Ministers.

In brief, Kathy and Pastor Darren will be the Stephen Leaders, who will in turn train select lay people of our congregation to be Stephen Ministers. The Stephen Ministers will be assigned one-to-one spiritual care for people who request a Stephen Minister. The circumstances may vary widely: those experiencing grief or death of a loved one, job loss, loneliness, divorce, health issues or a variety of other social, emotional or spiritual needs. Stephen Ministers wonderfully serve to expand and enhance the pastoral care of this congregation.

We have set up a designated fund if you wish to financially support the costs associated with enrollment, training, travel or materials. Our Sunday morning coffee hour funds will go directly to this ministry. Other creative ways you may consider providing support is donating frequent flier miles to Kathy or Pastor Darren to cover airfare. Most importantly, please pray for us as we move forward! Your prayers of support and encouragement are invaluable!

Look for more information in February as we begin the recruiting process for Stephen Ministers. We already have a nice list of those who are interested in participating.



## November 2009 Ministry Assignments

USHERS SATURDAY 5:30 PM (2 NEEDED)		USHERS SUNDAY 9:00 AM (4 NEEDED)	
7		8	
14 Dennis & Marlys Johnson		15 Dave & Becky Schultze	
21 Maddie Breuer		22 Dave & Becky Schultze, Dwight Pierson	
Wednesday, 25, 7pm		29	
28 Randy & Kyle Pavlak			
GREETERS SAT. 5:30PM	GREETERS SUN. 9:00AM	READER SUNDAY	ASSISTING MINISTER SUN.
7 Linda & Randy Pavlak	8 Elmer and Mavis Sprick	8 Bev Polk	8 Bev Polk
14 Jordan Bremer & Brandyn Oliver	15 Jan & Boyd Olson	15 Lucy Sontag	15 Don Mueller
21 Liz Carlstrom	22 Ryan Pribyl & Carston Dammann	22 Shirley Pierson	22
Weds., 25, 7pm			
28	29	29 Jeffrey Mund	29
ASSISTING MINISTER SATURDAY	COMMUNION ASSISTANTS SAT. (2)	COMMUNION ASSISTANTS SUN. (2)	
7	7	8 Kathy Hollman, Angie Dwelle	
14 Jenny Schlagenhaft	14 Lori Mortenson	15 Milly Gagnon & Becky Schultze	
21	21 Jenny Schlagenhaft	22 Becky Schultze	
Weds., 25, 7pm Trudi Paulson	Weds., 25 7pm		
28 Bev Bantley	28 Deb Mickelson	29 Milly Gagnon, Angie Dwelle	
ALTAR FOR SATURDAY & SUNDAY	HELPING AT THE NURSING HOME	SUNDAY COFFEE	
7/8 Kathy Hollman & Lucy Sontag	10 Blanche Brommer	8 Bev Polk & Gloria Siewert and Family	
14/15 Kathy Hollman & Lucy Sontag	17 Vi Stinson	15 First Lutheran Church Scholarship Fund	
21/22	24 LaDonna Severson	22 Mavis Hawkins	
28/29	26 Lucy Sontag (communion)	29	
ACOLYTE SATURDAY 5:30 PM	ACOLYTE SUNDAY 9:00 AM	WELCOME CENTER SUNDAY	
7 Lincoln Horsman	8 Luke Hartzell	8 Carol Siewert	
14 Ben Klipfel	15 Christian Oeltjen	15 FLC Scholarship Fund Committee	
21 Tyler Ruiz	22 Lexi Ebert	22	
28 Josie Kuchinka	Wed 25 Christian Oeltjen	29 Mavis Hawkins	
	29 Marie Mangold		
VIDEO TAPE SUN.	SOUND & SCREEN SAT.	SOUND & SCREEN SUN.	VISITATION
8 Randy Zanto	7 John Mortenson/Nick Albright	8 Trudi Paulson/Jim Anderson	LaDonna Severson & Ruth & Dick Wedge
15 Mary Hallenberger	14 Colin Fowler	15 Jake Griebenow/Greg Gilman	
22 Rick Wallace	21 Julie Deschneau	22 Mitch Kuchinka/Heath Oeltjen/Trudi Paulson	
29 Mark Bailey	Wed 25 7pm Nick & Heath Oeltjen	29 Heath Oeltjen/Heidi Berg	
	28 Colin Fowler		

# November 2009 Calendar

**Sun**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

<p><b>1 140th Anniversary Celebration</b> Worship 9am Children's Choir 8:30am for worship</p>	<p><b>2</b> Pastor Darren's Day of Rest</p> <p>Cindy out (Youth Leadership Workshop)</p>	<p><b>3</b> First Luth Quilters 8:30am @ FLC Alter Guild Mtg 7pm</p>	<p><b>4</b> Ministerial Mtg 11am KFC 3-4pm @ FLC Children's Choir 4-5pm Handbell Choir 5 &amp; 6pm NO ReKindle/Leader Huddle 6pm Senior Choir 7:15pm</p>	<p><b>5</b> 8am Bible Study</p>	<p><b>6</b> Cindy's Day of Rest</p>	<p><b>7 All Saints Week-end</b> Dick Fowler Bible Study 7:30am Worship 5:30</p>
<p><b>8 All Saints Week-end</b> Worship/Addison Ahrens Baptism 9am</p>	<p><b>9</b> Pastor Darren's Day of Rest Novel Idea Book Club 6:30pm @ Kate Halverson's home</p>	<p><b>10</b> Nursing Home Worship 10 &amp; 10:45am Silvertones 1pm Widow's Speak Potluck @ Carol Siewert's Home 4pm</p>	<p><b>11</b> KFC 3-4pm @ FLC Children's Choir 4-5pm Handbell Choir 5 &amp; 6pm ReKindle 6:00pm Senior Choir 7:15pm Piecemakers 1-8pm Dragon Fly Retreat</p>	<p><b>12</b> 8am Bible Study Boy Scout Popcorn Distribution Gathering Area Learning &amp; Youth Board 6:30pm Outreach Board Mtg 7pm</p>	<p><b>13</b> Cindy's Day of Rest</p>	<p><b>14</b> Worship 5:30</p>
<p><b>15</b> Worship 9am Scholarship Brunch after worship (Patty Svien is head)</p>	<p><b>16</b> Pastor Darren's Day of Rest</p>	<p><b>17</b> First Luth Quilters 8:30am @ FLC Captive Free Arrives 4pm</p>	<p><b>18</b> KFC 3-4pm @ FLC Children's Choir 4-5pm Handbell Choir 5 &amp; 6pm ReKindle 6:00pm Senior Choir 7:15pm Captive Free</p>	<p><b>19</b> 8am Bible Study 9am Martha Book Study FLC Nursing Home 3:30 &amp; 4pm Captive Free-Nursing Home Council 7pm</p>	<p><b>20</b> Cindy's Day of Rest</p>	<p><b>21</b> Dick Fowler Bible Study 7:30am Worship 5:30</p>
<p><b>22</b> Worship 9am</p>	<p><b>23</b> Pastor Darren's Day of Rest</p>	<p><b>24</b></p>	<p><b>25</b> Thanksgiving Eve Service 7pm Piecemakers 1-8pm Dragon Fly Retreat</p>	<p><b>26 Thanksgiving Office Closed</b> 8am Bible Study</p>	<p><b>27 Office Closed</b> Cindy's Day of Rest</p>	<p><b>28</b> Worship 5:30</p>
<p><b>29 Advent by Candle-light</b> Worship 9am No Sunday School</p>	<p><b>30</b> Pastor Darren's Day of Rest</p>					

## Upcoming Events & Announcements

**Altar Guild Meeting: Tuesday, November 3...**The Altar Guild will meet **Tuesday, November 3 at 7:00 p.m.** We will be setting our schedule for next year at this meeting. Please try to attend. If you can **NOT** be there, please call Shirley Pierson at 345-5361 or Florence Lyons at 345-5589 to select the dates you wish to serve. New members are **always** welcome.

**Widows Speak: Tuesday, November 10...**Widows Speak will meet for a potluck at **4:00 p.m. on Tuesday, November 10** at the home of Carol Siewert. Women attending are asked to bring a dish to pass. This support/social group is open to all widows of FLC and the community. If you have any questions, please contact Carol Siewert at 345-2107 or Corrine Johnson at 345-3016.

**Scandinavian Brunch & Bake Sale: Sunday, November 15...**Mark your calendars for November 15<sup>th</sup> for the Annual Scandinavian Brunch and Bake Sale. Norwegian waffles will be served along with Scandinavian almond cake after the Sunday Service. A freewill offering will be collected for the brunch. A bake sale will also be held with many Scandinavian treats for sale including; almond cake, spritz, krumkake, sandbalkler, as well as other home bakes cookies and desserts. Funds raised during this event will support the First Lutheran ELCA Scholarship Fund which provides support to the ECLA college through matching fund scholarships to congregational members who are attending ELCA Lutheran Colleges. At present, there are four your students who are benefiting from this program. They are: Ben Krehbiel at St. Olaf, Nathan Fuchs at Waldorf, Jad Erickson at Wartburg and Emily Berkeland at Luther College. Any student who attends an ELCA college is invited to apply for the scholarship. **Deadline for applications for the 2010 academic year is February 2010.** Contact the church office for application requirements.

**Community Thanksgiving Dinner: Thursday, November 26...**Bethany Lutheran Church will again be hosting the annual Community Thanksgiving Dinner on November 26th. The menu will be a traditional Thanksgiving dinner of turkey, stuffing, mashed potatoes, gravy, squash, green bean casserole, assorted salads, pie, milk and coffee. We will deliver meals to shut-ins and to the staff at the Medical Center as well as serve meals in the fellowship hall at Bethany. Everyone is welcome. There is no charge for the dinner but donations are accepted with 100 % of the donations going to the Lake City Food Shelf. To help with planning, please call the Bethany Church office (345-2424) by November 19th to make reservations to dine in or to have meals delivered.

**Advent By Candlelight: Sunday, November 29, 6:30pm...**Advent by Candlelight presents: **I Wait...I Wonder.** *In all her humanness and uncertainty, Mary shares her conflicting emotions in four powerful monolog: Watching and Waiting; Worthy and Unworthy; The Magnificent; and Journeys Ended and Begun.* Women of First Lutheran and guests, please join us for an evening of quiet stillness, reflection, music, and fellowship as we prepare our hearts for the Christmas season. Advanced registration (include your name and the names of all guests) is required by Sunday, November 22. Seating after this date is not guaranteed. We are also in need of table hostesses and dessert makers! Please sign-up at Welcome Center.

**It's time to Make Lefse: Saturday, December 5...**Please join us at First Lutheran Church on **Saturday, December 5, at 8:30 a.m.** to make lefse. If you have the lefse equipment, please bring it along. If you've never made lefse and would like to learn how to do it, call Wanita Parker at 345-3105. (She'll give you Jack's secret recipe!)

For those of you that would like to purchase lefse, a sign-up will be at the Welcome Center in November. Only lefse that is pre-purchased by Sunday, November 29 will be available for sale. Order your lefse! Price is \$5.00 for 6 rounds. All proceeds will go towards the Building Fund. Any questions, contact Wanita Parker at 345-3105.

**Help for Daily Living-Did you know...**that we have some men in our congregation eager to serve you? If you have a task or project that needs the attention of a friendly, enthusiastic volunteer – we have just the right folks for you. Tim Schlagenhaft and Randy Klipfel have been leading the Help For Daily Living group for several years and have enjoyed putting their faith in action as Jesus calls us to “love your neighbor as yourself.” Previous projects have included light carpentry, yard work, cleaning, rides, moving, hauling – just to name a few. All it takes is a call to Tim (345-3078) or Randy (345-2136). Also, if you are handy and also willing to serve in this way, please pass your name and number to Tim.

**Lake City Food Shelf...**is in need of **Baked Beans, Chili Beans & Kidney Beans.** Please bring your food to church and place it in the wooden bin by the Welcome Center.

## Bible Studies

### Leading men and women into a growing relationship with Jesus Christ

**Thursday Morning Bible Study with Pastor Darren Paulson...** will meet on **Thursdays at 8:00 a.m.** We will be studying the Gospel of John. **Note: November 12 & 26 No Class.**

**Men's Bible Study with Rev. Dick Fowler...** will meet on **Saturday, November 7 & 21 at 7:30 a.m.** We are studying the First John 4:1, so come and join us!!

**Martha Bible Study for Women...** will meet on **Thursday, November 19 at 9:00 a.m.** in the Fireside Room.

**Esther Circle...** will meet on **Wednesday, November 18 at 1:30 p.m.** at Corrine Johnson's home to continue the study of Paul's Letters. Any questions please call Corrine Johnson 651-345-3016 or Betty Smith 651-345-2304.

## Women's Ministries

**First Lutheran Quilters...** will meet on **Tuesday, November 3 & 17 at 8:30 a.m.** in FLC Gathering Area.

**First Lutheran Piecemakers...** will meet on **Wednesday, November 11 & 25 at Dragonfly Dreams from 1-8p.m.** Please contact Lori Lichtblau at 345-5502 or Lichtblau@embarqmail.com with any questions.

**Novel Idea Book Talk... "STILL ALICE"** by Lisa Genova will be our next book club read! It is the heartbreakingly real story of a highly accomplished women in her prime losing her thoughts and memories to a harrowing disease - Alzheimer's. "After I read this book I wanted to stand up and tell a train full of stranger's you have to get this book!" said Beverly Beckham -Boston Globe. Please join our thought provoking discussion of **"STILL ALICE"** on **Monday, November 9 at 6:30 p.m.** at Kate Halverson home. Any questions contact Kate at (345-2752).

## FLC Library

Parallel with the Stewardship Committee's **SIMPLIFY** theme, the Dewey Decimal system has vanished at First Lutheran! Dated books have been removed. A new color-coded dot system has been installed, (see signs on each cart).

ORANGE	=	Church related and devotional books
YELLOW	=	Children's books
GREEN	=	Stress and mental health related books
WHITE	=	Novels and memoirs
DARK BLUE	=	Young adult reading
PALE BLUE	=	Marriage, family and aging advice
PINK	=	Misc. poetry, cookbooks and holidays

We are now officially on the **"HONOR SYSTEM"** as books do not need to be checked out, just borrowed and returned, hopefully within 2-3 weeks. We are always looking for new and stimulating additions, thus a second basket: **DONATIONS.** You will find a basket marked **"RETURNS"** when you have finished with your selection(s).

Check out the new simplified walk through area and find a good read for the coziest of reading seasons ahead!

## Poinsettia's Available!

### Help Decorate the Sanctuary this Christmas with a Poinsettia!!

First Lutheran is taking orders for Poinsettia's from Angie's Creations!! They are beautiful 7" Poinsettia in your choice of Red or White at just \$14.00.

Must sign-up at the **Welcome Center by Monday, November 9th to guarantee** a Poinsettia. Otherwise, we have ordered a certain amount and they will be available until they run out.

## Adult Forum November & December 2009

**November 1: *All These Different Lutherans!* - Dr. Mark Granquist.** Lutherans have been present in North America in one form or another now for almost 400 years. It has not always been an easy transition, because the religious, political, and social cultures of America are not always in line with Lutheranism as it was originally developed in 16<sup>th</sup> century Europe. But Lutheranism has adapted to this new continent, with a surprising diversity of ethnicities, structures, and ideas, and has become truly at home here. We will look at all of these elements, to try and get some idea of who North American Lutherans are, what they believe, and how they live out their faith. Dr. Granquist is Associate Professor of Church History at Luther Seminary.

**November 8: *Church wide Assembly Decisions on Human Sexuality* - Pastor Darren Paulson.** Please join us in the sanctuary for conversation on the Church wide assembly this held this past summer. Among the many important items of discussion were resolutions on human sexuality – notably decisions on the role of gay and lesbian clergy and the blessing of same-sex relationships. Summary statements will be provided to better understand the background, deliberations and implications of what these changes in policy may bring to our church.

**November 15 and November 22: *Spirituality, Forgiveness, and Health* - Dr. Bradley Hanson.** These two sessions will focus on forgiveness of another person or group of persons. Part I will deal chiefly with forgiveness of another person in Christian perspective. Part II will deal chiefly with forgiveness of another person or group in psychological perspective using the insights of the Stanford psychologist Fred Luskin and devoting some attention to the health implications of forgiveness. Bradley Hanson is Director of the Grace Institute for Spiritual Formation and is Professor Emeritus of Religion at Luther College. Among his books are *Grace That Frees: The Lutheran Tradition* and *A Graceful Life: Lutheran Spirituality for Today*.

**November 29: No Forum - Thanksgiving weekend**

**December 6: *Do Jews, Muslims, and Christians Worship the Same God?*** From the DVD series, “Good God Questions.” Pastor Darren will lead the discussion following the DVD. This DVD is an introduction to a two-part forum series on Islam (December) and Judaism (January).

**December 13: *Understanding the Muslim Faith* - Dr. Fatma Reda.** Dr. Reda was born in Egypt, and is a devout Muslim. She is a highly regarded psychiatrist practicing in the Twin Cities, and an articulate spokesperson for the Muslim faith. In our diverse world, it is becoming ever more important that we understand and respect peace-loving persons whose expressions of faith are different from our own. Dr. Reda is such a person. Come and learn...

**December 20: No Forum - Join the Children’s Christmas Program in the Sanctuary**

**December 27: No Forum - Christmas weekend**

## Health & Wellness Ministry

Summary of Initial **Health and Wellness Ministry** Session on Sunday, October 11th

**The Vision:** To quote from the Parish Nurse Center at Concordia College “Christ’s ministry was always holistic ; Christ treated the ‘whole’ person... His was a healing ministry, and he led his disciples by example.” The derivation of the word ‘Health’ comes from the word ‘Whole’ and leads to the word ‘Holy.’ Health and Wellness Ministry considers our work at First Lutheran as an interface between Christ and the community, both our internal community at First Lutheran and our external community in Lake City, Minnesota and beyond. The work is both one of in-reach and outreach. The intent of such a ministry is threefold: advocacy of health issues; working with existing boards; and focusing on areas of deficiency.

**The Process:** A holistic model of health includes six areas of wellness by which we would categorize our “ways” toward maximizing the health and wellness of our community both within and without. The six areas of health that comprise a whole and healthy person include: **Spiritual, Social, Emotional, Physical, Intellectual, and Environmental Health.** At our first meeting, we categorically identified ways in which we, at First Lutheran, are currently supporting these areas of health and wellness – and categorically “dreamt” of ways in which we could enhance or add to these areas. A complete summary of this session can be found on our church website at [www.firstlc.org](http://www.firstlc.org) soon.

**The Results:** We seem to be stronger in ways of supporting Spiritual, Social and Emotional health; we would like to enhance our support in the areas of Physical, Intellectual, and Environmental Health.

**The Next Step:** In both November and December, we will meet to continue the great start we have made.

**Calling All Men!** We are seeking men to participate in a working group to help us define a health and wellness ministry at First Lutheran. What would you like to see that can enhance your well-being and that of your family? You will receive an invitation to two upcoming round table discussions to gather your input. Please call Anne Marie Kjelland at 651-345-4512 by November 7<sup>th</sup> to be added to the list.

**First Lutheran Church  
100 Peace Ridge  
Lake City, MN 55041**

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# **November FAMILY FUN Event!**

**Wednesday, November 18: Captive Free!**

Bring the whole family out for a fun-filled Captive Free program.  
Fun starts at 6:30pm.

Their program includes worship songs, silly songs, puppets and more!!

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