



# Fireside Things

**October 2009**  
A monthly publication of  
First Evangelical Lutheran Church

100 Peace Ridge  
Lake City, Minnesota 55041

**Phone**  
651-345-5003

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651-345-5099

**Office Hours**  
8 a.m. — 4 p.m.

**First Lutheran Website**  
[www.firstlc.org](http://www.firstlc.org)

**Regular Worship Schedule**  
5:30 p.m. Saturday  
9:00 a.m. Sunday

**TV Worship Times**  
Sun. 5:30 p.m., Mon. 11 a.m.,  
Tues. 9:30 a.m., Thurs. 4 p.m. & Fri. 8 p.m.

**Pastor Darren Paulson**  
651-380-0473 (cell)  
darren.paulson@firstlc.org

**Director of Youth and  
Family Educational Ministries**  
Cindy McPeake....cindy.mcpeake@firstlc.org

**Director of Worship & Music**  
Coleen Fowler....coleen.fowler@firstlc.org

**Organist**  
Jim Bahler

**Parish Administrator**  
Karyn Glomski....karyn.glomski@firstlc.org

**Receptionist**  
Anne Pflaum....anne.pflaum@firstlc.org

**Custodian**  
Loren Prigge

## 140<sup>th</sup> Anniversary Weekend!

Please join us in worship and celebration on **Sunday, November 1<sup>st</sup>** as we simply celebrate our history and rejoice in our future!

### Schedule:

**Saturday, October 31**      **NO EVENING WORSHIP** – we'll celebrate our history in a single Sunday morning worship.

### **Sunday, November 1**

9:00 AM	Worship
10:15 AM	Education (Sunday School and a special Adult Forum presentation)
11:30 AM	Brunch catered by Marien's Deli (Please purchase ticket by Sunday, October 25 <sup>th</sup> .) \$7.00 adults \$5.00 children (ages 4-11) Free children 3 and under

**Worship Sunday 9:00 AM** – Hymns and Memories. We'll sing the hymns and liturgy that have spanned the course of our history from traditional to contemporary and hear reflections from those who have shaped – and been shaped by – the ministry of this congregation through the decades. **(Please note: There is a single Sunday worship service that weekend, no worship Saturday, October 31<sup>st</sup>)**

**Choir** – You are invited to join the choir for a special anthem... please rehearse with the choir on Wednesday, October 28<sup>th</sup> at 7:15 p.m. and on Sunday at 8:15 a.m..

**Stewardship** – This will be the culmination of our "Make It Simple" Stewardship Campaign, where we think about how God has worked through the ministry of this congregation in the past... and promises to carry the Gospel into the future through our simple acts of stewardship.

**Education** – In addition to our regular Sunday School schedule, we have a special guest for Adult Forum, Dr. Mark Grandquist, who will celebrate the history and heritage of our Lutheran church. This will be an enlightening conversation about where we have come from – as we look forward to where God is leading our church into the future!

**Brunch** – Please purchase your tickets by Sunday, Oct. 25<sup>th</sup>, so that we may plan accordingly. \$7.00 adults, \$5.00 children ages 4-10 and Free for children 3 and under. Menu includes: quiche, cheesy potatoes, fruit cup, 3 kinds of coffee cakes, coffee and lemonade.

**Historical Memories** – You are invited to bring your memories (photos, pictorial directories, worship bulletins, mementos, etc) to display in the Fireside Room on the tables beneath the updated First Lutheran Timeline. Please identify the items you bring to share so we're sure to get them back to you.

## Pastor's Page from Pastor Darren Paulson



"Peace be with you." These are perhaps the most powerful words that Jesus has given us. There is much in this world that threatens to unsettle our quieted confidence in God's presence and care. To the disciples hiding in fear, to his followers grieving beside the tomb, to the ones who feel like the world is turning upside down, to the outcasts who feel like God has abandoned them... "Peace be with you." It's not a contrived pacification that we conjure up from within ourselves, but a real, abiding peace that only God can give. This Peace stills our troubled heart, breaks the cycle of anxiety, calms divisions, emboldens us in our work, and sends us into the world with a message of hope and forgiveness.

*Peace be with you.* We share that peace in a very real way at worship. However, we'll be doing it a little differently in the coming weeks. As you are keenly aware, this is the middle of **cold and flu season** – and H1N1 has got us unsettled. To be responsive and responsible, for the coming weeks, we'll share the peace with a warm smile and outstretched heart – please refrain from shaking hands. We've positioned hand sanitizer throughout the church as well as disinfectant wipes in the Sunday school classrooms and nursery. If you are ill, please stay home – it's not a sin to miss church because you're sick!

*Peace be with you.* While the economy is still uncertain, your support of the mission and ministry of this congregation as remained consistent – Thank You! We are on track with our **General Fund** that covers the ongoing operational expenses that support the work of your church. Please see the **Building Fund** update that's included in this newsletter. Contributions to this 3 year building fund appeal have slowed – so please consider your support into the future.

*Peace be with you.* It's a simple message – but makes a profound impact! Our fall **stewardship appeal** begins this month with the theme Make it Simple! as we consider our response to God's promises and new life. A friend of mine simply describes stewardship as "everything you do after you say 'I believe.'" I like it.

*Peace be with you.* It's a message our congregation has been proclaiming for 140 years! Please join us on November 1 for our **140<sup>th</sup> Anniversary Worship Service**, education hour and a special catered brunch as we celebrate the history – and future – of our ministry in Lake City. There will be no worship on Saturday evening, October 31<sup>st</sup> so that we can have a unified celebration.

*Peace be with you.* This past summer, voting delegates at the ELCA church wide assembly prayerfully deliberated and voted on a statement regarding **human sexuality**. The many helpful and timely convictions on all aspects of our sexual nature were eclipsed by a single topic – homosexuality. In an effort to understand the decision process and implications of the vote this past summer, we will hold a single conversation during our Adult Forum session on **Sunday, November 8<sup>th</sup>** in the Sanctuary. Please attend that we may faithfully consider these decisions as it relates to our work of bringing the peace of Christ that surpasses all human knowledge and wisdom.

***Peace be with you.***

(signature)

A handwritten signature in black ink that reads "Pastor Darren Paulson".



Living in God's amazing grace

## Youth Connection with Cindy McPeake Director of Youth, Family & Educational Ministries



*Oh oh we need each other  
Through all the highs and lows  
Oh oh we need each other*

*Cuz no one's meant to live alone*

*-“We Need Each Other”, Sanctus Real*

We need each other. Through highs and lows. No one's meant to live alone. This is our calling as Christians. Often we talk about fellowship and coming to church to be in community with other believers. Sometimes this causes hard feelings because its used as a “guilt trip” to get people to come church, but the theory behind is not one of pressure or guilt but encouragement and hope.

**Through highs and lows.** Let's face it; we all go through bad times. Families struggle, jobs are lost, friends fight and sometimes we feel alone. And in other times we go through good times. Families grow, new opportunities present themselves and relationships mature. These are things meant to be shared- our good and bad times. I often tell my good friend that it seems like nothing happens until I share it with her. Almost as if events only seem real after sharing them with someone else.

**We need each other.** This needs no explaining! We need each other to get through the day, to share our hopes and dreams, joys and sorrows, ideas and plans. We need the relationships we form at church or other church events. When we come together as a group of believers, a great thing happens- we get to know each other! When we get to know each other, we share things with each other and are encouraged. This summer, on one of the trips I was blessed to be a part of, a participant said “I learned there are a lot of great people at First Lutheran!” We need to get involved in order to meet people we can be in community with.

**No one's meant to live alone.** Here's the great part. We were made to be in community. We were designed to be in fellowship with other people. God didn't just create Adam. God created Adam and then his companion- Eve. We are not meant to go through this life alone, we are meant to meet people, share joys, go through struggles together and build relationships. God doesn't place us in this world and say, “Well, there you go. Hope you make it out ok!” He said, “Here you go...and here are some people to hang out with, you'll need them and they need you!”

When you are in community, we share all things. Ever tried to carry something really heavy? It's easier when others are around to help. This is like our community- struggles get easier when others are around to help. Ever have a party? They are more fun when people are around to celebrate. This is like our community- joys are more fun when others are around to celebrate.

So come on in- there are a lot of great people at First Lutheran!

## October FAMILY FUN Event!

### Wednesday October 14: Family Movie Night!

Bring the whole family out for a fun-filled family movie night. Bring something comfy to sit on and a snack to share. Movie starts at 7pm....we should finish up no later than 8:30pm. See you there!

## Chatting with Coleen Fowler Director of Worship & Music Ministry



All choirs have now started and are working on service music, special services and will be starting Advent music shortly.

### OUR WEDNESDAY REHEARSAL SCHEDULE IS:

4:00 Cherub Choir  
4:30 Junior Choir  
5:00 Handbell Choir I (Still needs 2 people)  
6:00 Handbell Choir I  
7:15 Senior Choir  
8:30 Small groups

**PRAISE ENSEMBLE** is off to a good start with instrumental additions making us a Praise Team. Tracy Harms is on guitar and vocal, Gregg Gillman on drums, Cindy McPeak on guitar and vocal, myself on piano and looking for an another pianist for our electric piano. We hope to add several guitars and another drummer along with more vocalists. Can you help? We will sing 3 out of 4 Saturdays with small groups filling in one Saturday a month. Call me with suggestions or if you can join. We always practice at **4:30 p.m. on Saturdays.**

**GRAND PIANO NEWS:** What a gift! Thanks to you as a congregation, we have raised \$7,000 toward our goal of \$13,000 to renovate this wonderful instrument. We will continue to ask for contributions of any amount and the worship and music committee will be working on some additional fundraisers. The piano will be dedicated some time after Christmas when our financial goal has been reached.

**HANDBELLS:** Everyone is excited about our handbells and tone chimes! We had such strong interest that 2 choirs have been formed. ***We can still use two additional members!!!*** Let me know if you are available. Handbells will play for the first time, **Sunday, October 25<sup>th</sup>**, on Reformation Sunday. Both choirs will play for that service. I have four interested people in a daytime handbell ensemble, we need at least five people. We will have a dedication service later this year as we become proficient on these instruments

**BRASS ENSEMBLE** practice time will be on **Saturday, October 10 at 6:30 p.m., Sunday, October 18 at 10:00 a.m., and Monday, October 19 at 6:00 p.m.** The Brass Ensemble will be playing on Reformation Weekend. All who play instruments are welcome to join!!

**RED WING SILVERTONES** will practice on here on Tuesday, October 13 at 1:00 p.m. Anyone wishing to just have fun singing for an hour and a half is invited to join with them and have coffee after.

**ANNIVERSARY CELEBRATION:** I am working on a special liturgy for the 140<sup>th</sup> Anniversary of our church combining segments from our last 5 hymnals. If you have a suggestion for music let me know.

**Anyone who would like to sing with the choir on that Sunday is invited to attend choir practice on Wednesday, October 28<sup>th</sup> at 7:15 p.m. and Sunday, November 1<sup>st</sup> at 8:15 a.m.**

Blessings to you as a congregation,

Coleen Fowler

## From our Congregation President, Dean Flugstad



Dear Members-

It is 6:00 and Joanne and I are eating supper when the phone rings. Answer it or not? I take a chance to see who it is and some one says " Good evening, may I speak with Mr. Phlukstead?" I immediately ask , " Who are you fund raising for?" Sound familiar to you ?

Of course many of these calls are for well meaning and useful organizations requesting your help and "congealed sweat", as a friend of mine refers to money as being. We of the Church Council are familiar with this part of fund raising but also are charged with overseeing First's financial operation. Soon we will be asking you to start thinking about how you will help support our mission of helping others in 2010.

Paul Tackmann and his committee have planned a balanced Stewardship Appeal that will inform you and ask you to be as faithful as you have been in the past and even to consider stretching to the next level of generosity. Please prayerfully consider this challenge in the coming months. We thank you very much and we promise not to call at supper time.

Blessings,

Dean Flugstad

## Family First

*Faith is caught, not taught...*

These monthly activities will help YOU put family and faith FIRST!

### **Big Box Clean Out**

Can we end hunger? Not by ourselves, but we can limit the amount of food we wasted in a world where people are dying of hunger.

For this activity you will need:

- Large trash bag
- Sink of soapy water

First, take everything out of the fridge and then wipe down shelves, door, and compartments.

Next, throw out any questionable items and return usable items to the fridge.

Use the following questions to evaluate the amount of food you waste and how this can be changed.

- How much food did you find that was spoiled?
- From what food groups were most of the items wasted?
- Did you throw out small, medium, or large amounts of food?
- Is most of the food wasted leftovers or unopened food?
- How much packaging is used on the food you buy? Waste is more than just food.

After you discussion, use these tips in your future food buying:

- Purchase more fresh food. These foods are more nutritious and waste fewer resources in packaging
- Be creative in using leftovers— have a 'buffet night', or incorporate leftovers in other dishes such as omelets, soups or as a side dish. Consider making smaller portions to reduce leftovers
- Minimize food waste covering and storing food properly.
- Don't feel guilty! Little changes can go a long way to reducing food waste!

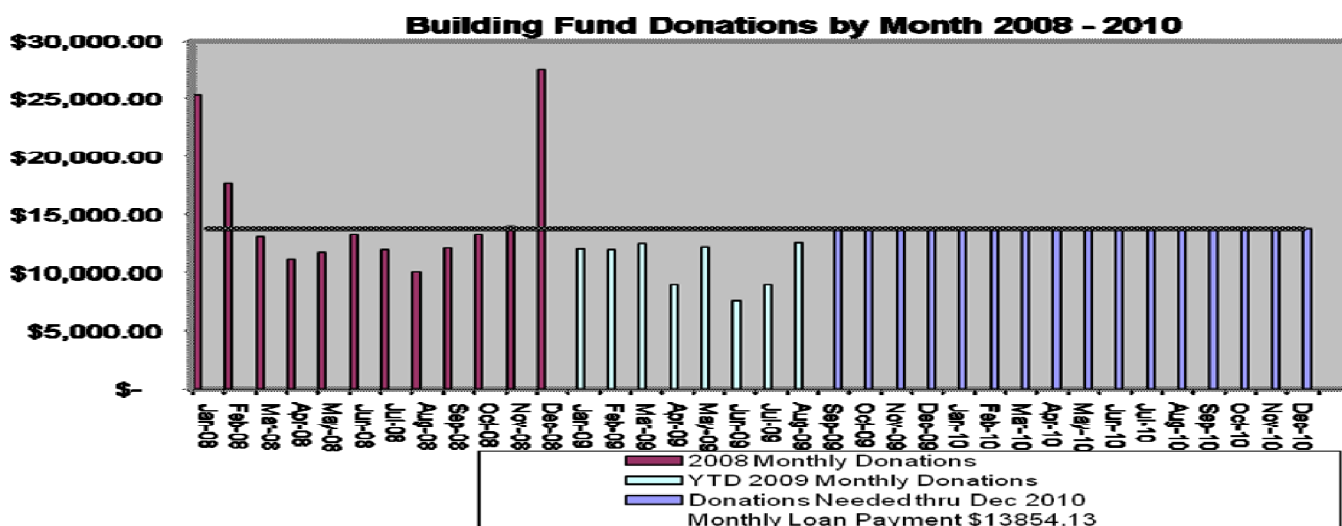
## 3-Year Building Fund



# 3-Year Building Fund Appeal 2008-2010

**GOD'S CHURCH  
BUILDING  
GOD'S PEOPLE**

Funds Needed:	\$499,000	(36 months x \$13,854.13 monthly mortgage payment)
Fund Appeal Pledges	\$289,000	(179 households have pledged for the 3-year appeal)
Available Cash Reserve	<u>\$17,000</u>	(remaining from previous building fund appeal beginning of 2008)
<b>Unpledged Need</b>	<b>\$193,000</b>	(needed to fulfill mortgage payment by end of 2010)



### Important Information:

Our current principal balance on the building loan is \$2,185,481.

As of September 2009, we have received \$268,560 in Building Fund contributions and we have made a total of \$277,082 in monthly mortgage payments.

We are **55%** thru our 3-Year Building Fund Appeal and have **received 54%** of our total need – this is *exciting news* considering the changes in our economy over the past year!

Because of the changes in this economy, our goal is to retain a **6 month mortgage payment reserve** in the Building Fund equaling \$83,000 to ensure payments on our fixed monthly mortgage. Currently, we have \$6,500 in available funds before we cross the threshold into our mortgage payment reserve. We feel maintaining this reserve is both wise and faithful stewardship.

Of the **330 active member households** in our congregation, we have **179 households pledging** towards the Building Fund and an additional **8 non-pledging households** making financial contributions. Is yours included?

The **Pledges** to the Building Fund have remained on track. **Thank you** for your faithful and consistent contributions and keep up the good work!

The **Unpledged Need** of \$193,000 has received \$13,056 dollars – meaning in the next 16 months, we will need to receive \$179,944 to meet our monthly mortgage payments.

Most of all, thank you for your support of the ministry of your church! **If you have not made a commitment to the Building Fund**, please prayerfully consider doing so at this time. Every gift is a celebration of **God's Church Building God's People**.

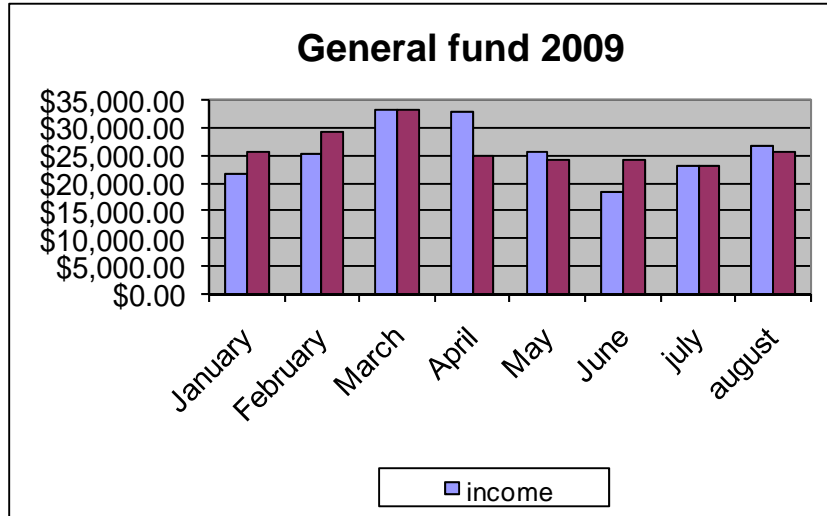


**From our Financial Secretary and Treasurer  
Mavis Hawkins and Chuck Bremer**



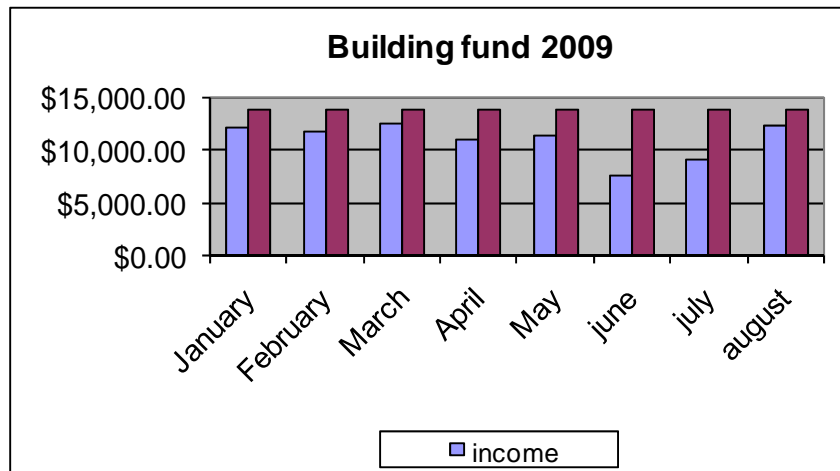
**GENERAL FUND**

	<u>January</u>	<u>February</u>	<u>March</u>	<u>April</u>	<u>May</u>	<u>June</u>	<u>July</u>	<u>August</u>
<u>Income</u>	\$21,563.13	\$25,315.79	\$33,175.57	\$32,897.00	\$25,640.08	\$18,565.88	\$23,107.06	\$26,855.95
<u>Expense</u>	\$25,711.88	\$29,406.45	\$33,100.32	\$24,886.00	\$24,059.47	\$24,221.85	\$23,208.46	\$25,764.11



**BUILDING FUND**

	<u>January</u>	<u>February</u>	<u>March</u>	<u>April</u>	<u>May</u>	<u>June</u>	<u>July</u>	<u>August</u>
<u>Income</u> \$	12,180.28	\$ 11,713.04	\$ 12,527.00	\$ 11,090.00	\$ 11,311.50	\$ 7,572.50	\$ 9,067.00	\$ 12,332.00
<u>Expense</u> \$	13,854.13	\$ 13,854.13	\$ 13,854.13	\$ 13,902.00	\$ 13,854.13	\$ 13,854.13	\$ 13,854.13	\$ 13,854.13



# Prayer Ministry

## Prayer Request

Here is a list of the Prayer Team Chairpersons for each week in the month of **October**.

*The Prayer Chain is an invitation to our members to pray for each other, members of our extended Christian community and world concerns. If you have a prayer request, you may contact the Chairperson listed for that week or call the church office at 345-5003.*

<b>Oct. 4: Prayer Chain #1</b>	Vi Stinson	345-4371
<b>Oct. 11: Prayer Chain #2</b>	Deb Holmgren	345-5555
<b>Oct. 18: Prayer Chain #3</b>	Betty Smith	345-2304
<b>Oct. 25: Prayer Chain #4</b>	Shirley Luettinger	345-2429

### Our prayers and congratulations are extended to...

- ◆Megan & Andrew Ahrens on the birth of their daughter Addison Ivy born on August 16, 2009.
- ◆ Stephanie Schmidt & Mike Eggenberger on their marriage on September 25, 2009.

### Our prayers and sympathies are extended to...

- ◆Lyle & Lise Papenfuss on the death of their son-in-law Allan Graham.
- ◆The Oeltjen Family on the death of Janette Schroeder, Donna Oeltjen's sister.

### Special Thank you to . . .

- ◆ Dear Christian Action Group #1:  
"Thank you for the wonderful food and volunteering to work and make Dad's memorial service & gathering so nice for his friends and family."  
~Family of Ray Dahl
- ◆ Dick & Nancy Carlson for donating soda and bottled water.
- ◆Jeremy Tesch for donating coffee to the church.

## Remember in Prayer...

### Health Concerns

Bob Johnson	Margaret Wehking
Alton Larsen	Dave Moses
Donna Oeltjen	Clint Moe
Dawn Heitman	Marv Berkeland

### Friends and Family

Duren Moses, prayer of thanksgiving for the safe return from active duty in the military.

John Brunkow (Dale Nibbe's cousin)  
Mary Dwelle Coyle (Glenn & Angie Dwelle's daughter)  
Allen Fravert (Carol Schmidt's father)  
Audrejean Myrah (Kristi Griffin's mother)  
Jan Kylo (Mary Berg-Prigge's cousin)  
Richard Stalvo (Sandy Swan's father)  
Rita Dwelle (Glenn & Angie Dwelle's daughter-in-law)  
Jessie Kutina (mother of Debbie Mickelson)  
Judy Francois (sister of Dick Severson)  
Gary Paulson (father of Pastor Darren)  
Darl Boone (son-in-law of Phil & Dana Gartner)  
Mia Oeltjen (granddaughter of Donna Oeltjen)  
Kristopher & Rebecca Hartwig (our missionaries in Tanzania)  
First Lutheran Council Members

### In our Nursing Home, Home Bound, and Assisted Living:

Howard Fick, Arline Schmidt, Gertrude Martin, Lillian Johnson, Mary DeGroat, Rozella Lloyd, Ralph O'Connors, Ione O'Connors, Fred and Pat Vavra, Bill & Edith Hammer

**All service men and women:** Jared Morgan, Justin Fuchs, Todd Plote, Ricky Frickson, Randy Frickson, Garret Rigelman, Matt Sikkink, Ryan Steffenhagen

## DAYLIGHT SAVINGS TIME!

Remember to turn your clock back an hour on Sunday, November 1st!!!

If you would like to be part of an email prayer chain group that prays for the healing of others, please email Pastor Darren Paulson at

[darren.paulson@firstlc.org](mailto:darren.paulson@firstlc.org)

## Youth & Family Ministries—October Events

**Saturday, October 3: STORM Camp Lake City.** Meet at United Methodist at 7:30am to start camp up. STORM Camp will finish up at 9pm on Sunday, October 4. Get your homework done on Friday!

**Sunday, October 4: First & 3<sup>rd</sup>.** Come on out to church for a movie night! Flick to be decided, treats to be provided. Join us for some chill time.....starts at 6pm

**Thursday, October 8: National Children's Day.** Tell the children in your life you love them!

**Wednesday, October 14: Family Movie Night!** Bring the whole family out for a fun-filled family movie night. Bring something comfy to sit on and a snack to share. Movie starts at 7pm....we should finish up no later than 8:30pm. See you there!

**Sunday, October 18: First & 3<sup>rd</sup>.** "When the moon hits your eye, like a big pizza pie.....!" We're making pizza and watching *Tomato*, a Nooma video about how we present ourselves to the outside world. Be there at 6pm

**Friday, October 30: VALLYSCARE!** Our annual trip up to ValleyScare! Tickets are \$27, which include a group rate ticket and bus. Money is due by Wednesday, October 21. Bring your friends! Extra forms are available at the youth bulletin board. Adults are needed too- See Cindy if you are willing to be a chaperone!

**Sunday, November 1: First & 3<sup>rd</sup>.** Get crafty. We'll be painting ceramic pots and maybe even planting some flowers to add a little color to the Fall season. See you there!

### K.F.C. Schedule/Topics:

#### Schedule:

2:50 Pick up at Bluff View  
3-4 KFC Activities and Snack  
4-5 Children's Choir and Quiet Activities

#### Topics:

7: Veggie Tales  
14: NO KFC (MEA Break)  
21: Human Jacks  
28: Scratchboard Pictures

## Check out the news....

### Sunday School:

**Sunday, October 4: Bible Gifting.** Remember, we are gifting our 3-year olds and 3<sup>rd</sup> graders with Bibles at the 9am worship service. See Cindy if you didn't receive a Bible on Rally Day to personalize.

**Offering:** During October our kids will be raising money to go towards the Building Fund. As we all learn about how to "Make It Simple", our theme for the Fall Stewardship Drive, we believe that simple or small donations can make a BIG difference. This month, we will talk about all the ways that Jesus helps us to 'make it simple' and do little things to help our church. One way we can do that is by helping to raise money for this beautiful building we get to learn and play in every week!

**Birthdays:** October birthdays will be celebrated on October 11<sup>th</sup> - make sure to bring in your pennies if you have a birthday this month!

**No Class: October 18, MEA weekend.**

### Confirmation:

**Wednesday, October 7: Parent/Student Night.** Our first Parent/Student night of the year! Please arrive at 6:30pm- we will not be sharing a meal before class. All students and at least one parent are expected to attend. See you there!

**No Class: October 14, MEA weekend**

# Happy Birthday and Happy Anniversary!

## October 1

Ayonna Nadeau  
*Randy & Lisa Lenth*

## October 2

Bruce Carlson  
Reid Lundell  
Joshua Roach  
Luke Skifton  
*Don & Marilyn Schad*  
*Shawn & Brittany Schneider*

## October 3

Mavis Hawkins  
Carol Iverson  
Benjamin Klipfel  
Parker Smith

## October 4

Angie Dwelle  
Chris Gagnon  
*Andy & Dena Huettl*  
*Dan & Marilyn Meyer*

## October 5

*Chuck & Judy Johansen*

## October 6

Ryan Diethelm  
Melissa Eichelberger  
Kristie Stolzenberg  
Cameron Theiren  
*Gordy & Judy Bjelde*  
*Eric & Deb Hanson*

## October 7

Matthew Alitz  
Michelle Badzinski  
Alisha Kehren  
Christopher Tachmann

## October 8

Faye Conway  
Joseph Kozlowski

## October 9

Evlyn Dahling  
LaVern Franke  
Cheryl Luettinger  
Douglas O'Hara III

## October 11

Edie Sward  
*Steve & Jean Johnson*

## October 12

Isaac Griffin  
Alina Harmon  
*Dennis & Marlys Johnson*

## October 13

Mitchell Mund  
Ellie Svien  
Richard Wallace  
*Brad & Beth Krehbiel*

## October 14

*Joe & Jennifer White*

## October 15

Thomas Dammann  
Lori Meincke

## October 16

Jared Featherstone  
*Colin & Coleen Fowler*  
*Bruce & Lori Lichtblau*

## October 17

Blanche Brommer

## October 18

Kathy Chapman  
Donna Oeltjen  
Justin Ratz

## October 19

Phil Griffin  
Jessica Witte  
*Lonnie & Paula West*

## October 20

Madeline Dwelle  
*John & Lori Lichtblau*  
*Dick & LaDonna Severson*  
*Neil & Kristie Stolzenberg*

## October 21

Ann Badzinski  
Olivia Bailey  
Demaree Kehren  
Stacy Meincke  
Collin Rigelman  
*Odin & Darlene Saby*

## October 22

Eloise Blattner  
Cynthia Patton  
*Douglas & Pam O'Hara*

## October 23

Peter Bendickson  
Easton Bremer  
Johanna Ender  
Kristie Gross  
*Darwin & Barb Olson*

## October 24

James Fuchs  
*John & Dinah Marking*  
*David & Trudy Roach*

## October 25

Robert Majerus  
Claire Steffen

## October 26

Rich Alitz  
Kim Bobb

## October 27

Emily Albright  
Sandra Anderson  
Lori Morgan  
*Darin & Jodi Lundell*

## October 28

Kayla Berg  
Caleb Griffin  
Andrew Huettl  
Kristi Jensen  
Erika Meincke  
Jessica Schmidt  
*Richard & Darla Geary*

## October 30

Garret Rigelman  
Ernest Thompson  
*Rev. David & Janice Barker*

## October 31

Dale Bluem  
Jad Erickson  
Walton Luettinger

Birthdays are listed first

*Anniversaries are in italics*

***If your birthday or anniversary is not listed, please let the church office know at 345-5003***

## October 2009 Ministry Assignments

USHERS SATURDAY 5:30 PM (2 NEEDED)		USHERS SUNDAY 9:00 AM (4 NEEDED)	
3		4 Al Knudsen, Randy & Logan Meincke, Erling Moe	
10		11	
17 Bill & Sheila Johnson		18 Al Knudsen, Ryan Pribyl, Jordan Bremer	
24 Nick Albright, Kyle Paulson		25 sue & Jerry Benson	
31 Dennis & Marlys Johnson		Nov. 1 Roger & Kathy Hollman	
GREETERS SAT. 5:30 PM	GREETERS SUN. 9:00 AM	READER SUNDAY	ASSISTING MINISTER SUN.
3 Deb Holmgren	4 Dennis & Marlys Johnson	4 Shirley Pierson	4 Sue Benson
10 Jim & Kathy Rodester	11 Russ & Jan Johnson	11 Trudi Paulson	11 Zack Johnson
17 Sheila & Bill Johnson	18 Elmer & Mavis Sprick	18 Bev Polk	18 Bev Polk
24 Liz Carlstrom	25 Brandyn Oliver & KaBree Krier	25 Cheryl Luettinger	25
31	Nov. 1	Nov. 1 Carston Dammann	Nov. 1
ASSISTING MINISTER SATURDAY	COMMUNION ASSISTANTS SAT. (2)	COMMUNION ASSISTANTS SUN. (2)	
3 Debbie Mickelson	3	4 Bev Moe	
10 Debbie Mickelson	10 Kathy Jo Rodester	11 Trudi Paulson, Jan Johnson	
17 Jenny Schlagenhaft	17 Lori Mortenson, Jodi Lundell	18 Angie Dwelle	
24	24	25 Cheryl Luettinger	
31	31 Jenny Schlagenhaft	Nov. 1	
ALTAR FOR SATURDAY & SUNDAY	HELPING AT THE NURSING HOME	SUNDAY COFFEE	
3/4 Carole Helgerson & Marilyn Meyer	13 Blanche Brommer	4 Dennis & Marlys Johnson	
10/11 Nancy Carlson & Mary Lee Stevens	20 Vi Stinson	11	
17/18 Nancy Carlson & Mary Lee Stevens	27 La Donna Severson	18 Bev Polk	
24/25 Evie Dahling & JoAnn Thompson	29 Lucy Sontag (communion)	25	
31/ Nov. 1 Evie Dahling & JoAnn Thompson		Nov. 1	
ACOLYTE SATURDAY 5:30 PM	ACOLYTE SUNDAY 9:00 AM	WELCOME CENTER SUNDAY	
3 Chelsey Mandelkow	4 Marie Mangold	4 Marcia Knudsen	
10 Sam Klipfel	11 Luke Hartzell	11	
17 Reid Lundell	18 Courtney Haviland	18 Marcia Knudsen	
24 Josie Kuchinka	25 Madeline Mueller	25	
31 Jeff Mund	Nov. 1 Will Heise	Nov. 1 Jan Olson	
VIDEO TAPE SUNDAY	SOUND & SCREEN SAT.	SOUND & SCREEN SUN.	VISITATION
4 Mark Bailey	3 Julie Deschneau	4 Greg Gilman/Colin Fowler	Betty Smith & Marcia Knudsen
11 Randy Zanto	10 John Mortenson	11 Heath Oeltjen/Trudi Paulson	
18 Mary Hallenberger	17 Alyssa Wooding/Colin Fowler	18 Jim Anderson	
25 Rick Wallace	24 Julie Deschneau	25 Heath Oeltjen/Heidi Berg	
Nov. 1 Mark Bailey	31 Jessica Witte/Colin Fowler		

# October 2009 Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Worship & Music Mtg 7pm	2 Cindy's Day of Rest	3 Johnny Appleseed Days: Quilt Show & Sale 9am-3pm @ FLC Worship 5:30pm STORM Camp
4 Worship/Children's Bible Presentation 9am First & 3rd @ 6pm STORM Camp CROP Walk	5 Pastor Darren's Day of Rest Advent Mtg 5pm	6 First Luth Quilters 8:30am @ FLC Widows Speak 10:30 am New Member Class 6:30pm	7 KFC 3-4pm @ FLC Children's Choir 4-5pm Hand Bell Choir 5 & 6pm ReKindle--Parent/Student Night 6:30pm Senior Choir 7:15pm	8 Darren out--conference NO Thursday Morning Bible Study	9 Cindy's Day of Rest	10 Worship/New Member Installation 5:30pm Brass Rehearsal 6:30pm Choir Rm
11 Worship/New Member Installation 9am Children's Choir 8:30am for worship Health & Wellness Mtg 2:30-4pm	12 Pastor Darren's Day of Rest Health & Wellness Mtg 2:30pm	13 Nursing Home 10 & 10:45am Silvertones 1pm	14 Staff Mtg Noon Journey Through Grief 10:30am Fireside Rm Esther Circle 1:30pm @ Darlene Saby's home NO Confirmation/KFC/Children's Choir Hand Bell Choir 5 & 6pm Family Movie Night 7pm Senior Choir 7:15pm	15 MEA Thursday Morning Bible Study with Pastor Darren 8:00am Martha Bible Study 9am @ Fireside Room Church Council @ 7pm	16 MEA Cindy's Day of Rest	17 Dick Fowler Bible Study 7:30am Worship/Wayne Radke 5:30pm
18 Worship /Wayne Radke 9am <b>(NO Sunday School)</b> Brass Rehearsal 10:00am Sanctuary First & 3rd @ 6pm	19 Pastor Darren's Day of Rest Brass Rehearsal 6:00pm	20 First Luth Quilters 8:30am @ FLC	21 KFC 3-4pm @ FLC Children's Choir 4-5pm Hand Bell Choir 5 & 6pm ReKindle 6:00pm Senior Choir 7:15pm	22 Thursday Morning Bible Study with Pastor Darren 8:00am	23 Cindy's Day of Rest 50 & Better Fall BBQ 6:00pm	24 <b>Reformation Weekend</b> Worship 5:30pm
25 <b>Reformation Weekend</b> Worship 9am Children's Choir 8:30am for worship	26 Pastor Darren's Day of Rest	27	28 Journey Through Grief 10:30am Fireside Rm KFC 3-4pm @ FLC Children's Choir 4-5pm Handbell Choir 5 & 6pm ReKindle 6:00pm Senior Choir 7:15pm	29 Thursday Morning Bible Study with Pastor Darren 8:00am PSEO Group 6:30pm Advent By Candlelight 6:30pm	30 Cindy's Day of Rest Valley Scare!!	31 <b>NO Worship Service due to 140th Anniversary Sunday Service on November 1</b>

## Upcoming Events & Announcements

**Johnny Appleseed Days Quilt Show at FLC: Saturday, October 3...** In conjunction with Johnny Appleseed Days, FLC will once again be holding a food and fellowship event on **Saturday, October 3 from 9:00 a.m. to 3:00 p.m.** We will have a Quilt Sale, a non-judged Quilt Show, a Quilt Raffle, a Bake Sale, a Green-Boutique featuring new and gently used craft and home décor items for all seasons, and our now famous Brat/Hamburger Lunch with hard rolls brought directly from Sheboygan. Come join in on the fun!!

**CROP Hunger Walk, Red Wing, MN: October 4, 2009...** **What is a CROP Hunger Walk?** Neighbors from different faiths, cultures, and ages walking together to take a stand against hunger in our world. Together we raise awareness and funds for international relief and development, as well as for local hunger-fighting agencies. We are looking for people interested in participating in the CROP Hunger Walk that is taking place in Red Wing on **October 4<sup>th</sup> at 1:00 p.m.** You can sign up as part of the First Lutheran team or participate individually. The walk is 3 miles long, but walkers can walk whatever portion of that distance they like, or walk around Red Wing's Central Park, where the walk begins. When you participate in a Hunger CROP Walk donations can be designated to the ELCA World Hunger Appeal, other approved international hunger-fighting agencies, or left undesignated and used through World Church Service. Twenty-five percent of what Lake City residents raise through CROP Hunger Walk will be given to our Lake City Food Shelf. Last year we had 49 walkers of all ages from First Lutheran participate in the CROP Walk. We raised \$1783.00 with 25% of those dollars going directly to our Lake City Food Shelf. It was a wonderful experience and we look forward to another great year! Look for more information to be displayed near the Welcome Center. If you are interested in participating or have questions please contact Sylvia Jerdee at 651-345-3243 or Kristi Myrah Griffin at 651-470-0613.

**Widows Speak: Tuesday, October. 6...** Widows Speak will meet at **10:30 a.m. on Tuesday, October 6** in the Fireside Room. MaryBeth Blee, a retired grief counselor, will be speaking on the different stages of grief. All woman from FLC or from the community experiencing a significant loss are invited to attend these gatherings. If you have any questions about this group please contact Carol Siewert at 345-2107 or Corrine Johnson at 345-3016.

**Funeral & Cremation Planning Program: Tuesday, October 6 at 6:00 p.m...** Mahn Family Funeral Home Anderson-Peterson Chapel in Lake City is hosting a free educational program and we'd like you to join us. You'll be able to relax with your neighbors, enjoy a cup of coffee, and learn about the many benefits of making funeral & cremation plans in advance. The following questions will be answered at this program: *Legal Tools & health Care Directives* - Which documents should we have in place?, *Veteran Benefits* - which burial benefits are available?, *Medical Assistance* - how can I protect my money from the nursing home?, and *Funeral & Cremation Planning* - explore your options and get the facts! Please call if you plan on attending 651-345-2113.

**New: Health and Wellness Ministry: Sunday, October 11...** Wellness and health are many times used interchangeably, but wellness is actually an expanded idea of health. Wellness is not is not just the absence of disease; it is the ability to live life fully, with vitality and meaning – the fullness of life made possible through Jesus Christ (John 10:10). First Lutheran would like to explore what a Health and Wellness Ministry could look like in our community. Please come and contribute to this conversation as we begin to frame the concepts on **Sunday, October 11 from 2:30pm-4pm.** Conversation will be facilitated by Anne Marie Kjelland who has a degree in Holistic Health and Healing, and has interned at The Natural Care Center at Woodwinds Hospital in Woodbury, and the Center for Spirituality and Healing at the University of MN (part of the Academic Health Center and Medical School). Refreshments will be provided.

**FLC New Group!! PSEO (Parents Supporting Each Other!): Thursday, October 29 at 6:30 p.m...** A new support group is starting at First Lutheran. We are organizing a group for parents of children with disabilities or other special needs. The goal of the group is to provide a listening ear and prayerful support for parents who are struggling with raising and educating these special children. What will happen exactly and what topics will be discussed, will be determined solely by participants in the group and what they want or need. Confidentiality will be strictly enforced. The group will be facilitated by Melinda Berkeland, a licensed special education teacher. If you are interested or have questions, please call Melinda at 345-5248 or 651-764-3509. Childcare will be provided!

**Advent By Candlelight: Sunday, November 29, 6:30pm...** Advent by Candlelight presents: **I Wait...I Wonder at First Lutheran Church.** *In all her humanness and uncertainty, Mary shares her conflicting emotions in four powerful monologs: Watching and Waiting; Worthy and Unworthy; The Magnificent; and Journeys Ended and Begun.* Women of First Lutheran and guests, please join us for an evening of quiet stillness, reflection, music, and fellowship as we prepare our hearts for the Christmas season. Advanced registration (include your name and the names of all guests) is required by Sunday, November 22. Seating after this date is not guaranteed. We are also in need of table hostesses and dessert makers! Please sign-up at Welcome Center.

## Upcoming Events & Announcements Con't

**Help for Daily Living-Did you know...**that we have some men in our congregation eager to serve you? If you have a task or project that needs the attention of a friendly, enthusiastic volunteer – we have just the right folks for you. Tim Schlagenhaft and Randy Klipfel have been leading the Help For Daily Living group for several years and have enjoyed putting their faith in action as Jesus calls us to “love your neighbor as yourself.” Previous projects have included light carpentry, yard work, cleaning, rides, moving, hauling – just to name a few. All it takes is a call to Tim (345-3078) or Randy (345-2136). Also, if you are handy and also willing to serve in this way, please pass your name and number to Tim.

**Lake City Food Shelf...**is in need of **canned fruit juices**. Please bring your food to church and place it in the wooden bin by the Welcome Center.

## Outreach at Dorothy Day

For the second time in two years, the FLC Outreach Board visited the Dorothy Day Hospitality House (DDHH) in Rochester on Wednesday, Sept. 2 to provide the residents with the evening meal. The house is open to a maximum of 20 guests each day for dinner. While we were there this year the house had just rotated out a large number of residents and there were only nine people staying at the house on the day we served.

The concept began on May 31, 1933 in New York City by Dorothy Day and Peter Maurin in the midst of the Great Depression. The homes became safe havens for the poor, hungry and homeless and continue to this day, growing from 23 in the early years to 165 currently operating in the USA and six foreign countries.

DDHH provides a short-term live-in situation for people who are homeless or in a personal crisis and need shelter and food. Volunteers prepare supper served at 6 p.m. daily. Guests do not pay for any services. Their needs are met without questioning the person's circumstances. The house is also open to people who feel outside the mainstream of society and want to socialize there.

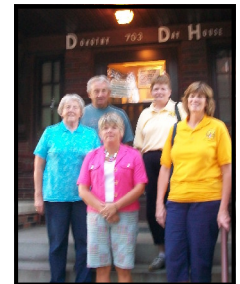
The house is staffed by volunteers from within and around the Rochester community. People volunteer as individuals or families with civic organizations and with groups from churches of many denominations. Resident volunteers provide continuity for the guests and oversee the operation of the house during the night.

The house is basically financed by donations from individuals and groups in the Rochester area. They do not receive any government funds. The Dorothy Day Rochester house was purchased about three years ago. They are fortunate to no longer have to deal with rent and relocation issues.

Donations are always welcome. Items they are in need of include food and coffee, sugar, creamer, alarm clocks, twin size sheets, towels, paper products, detergents, shaving cream, clothing, bleach, pillows, money for expenses, cleaning supplies, personal hygiene items, grooming items, phone cards, cookies, cakes, bars, help with cleaning, carpentry, plumbing and electrical skills and monetary contributions.

A meeting is held at the house every Tuesday at 7:30 p.m. to discuss house business and needs. The public is invited. They are located at 703 First Street SW, Rochester.

Photo: FLC Outreach Board members serving at the Dorothy Day Hospitality House included Dick and Marvel Klein, Julie Deschneau, Sandy Swan and Becky Schultze.



## Bible Studies

### Leading men and women into a growing relationship with Jesus Christ

**Thursday Morning Bible Study with Pastor Darren Paulson...** will meet on **Thursdays at 8:00 a.m.** Make It Simple! Have you ever wondered what God was calling you to do in this world? I'm convinced that God does not call us down complicated, convoluted roads... we do a fine job of creating those ourselves! But God is calling us into simple, faithful lives of service, mission, generosity and compassion. Join us as we explore four ways to Make It Simple as we engage this complicated world.

Oct. 1 – Following Jesus, Oct. 8 (No class – pastor at conference meeting), Oct. 15 – Facing the Truth, Oct. 22 – Acting Together, Oct. 29 – Sharing Enough

**Men's Bible Study with Rev. Dick Fowler...** will meet on **Saturday, October 3 & 17 at 7:30 a.m.** We are studying the Epistles of John and are just starting First John, so come and join us!!

**Martha Bible Study for Women...** will meet on **Thursday, October 15 at 9:00 a.m.** at the Fireside Room.

**Esther Circle...** will meet on **Wednesday, October 14 at 1:30 p.m.** at Darlene Saby's home to continue the study of Paul's Letters. Any questions please call Darlene Saby 651-345-3883 or Betty Smith 651-345-2304.

## Women's Ministries

**First Lutheran Quilters...** will meet on **Tuesday, October 6 & 20 at 8:30 a.m.** in FLC Gathering Area.

**First Lutheran Piecemakers...** will be taking the month of **October off.** See you in November!

**Novel Idea Book Talk...** "STILL ALICE" by Lisa Genova will be our next book club read! It is the heartbreakingly real story of a highly accomplished women in her prime losing her thoughts and memories to a harrowing disease -

## Adult Forum October & November 2009

**October 4: Faith: Pass It On - Pastor Darren** will discuss the importance of communicating the faith to the upcoming generations - a task that all of us in the church are called to do. This need not be a daunting task - but simple, faithful ways we can model the joy and celebration of our faith. This is Part 3 of the 3-part series, ***Bridging the Gap: Focus For All Families.***

**October 11: Dr. Douglas Pflaum**, Lake City School Board Chairman. ***Current Lake City School District Issues from a School Board Perspective*** – our district's positive accomplishments and strengths, current board priorities, ongoing facilities projects, budget and tax issues, areas where improvement is necessary. Dr. Pflaum anticipates adequate time to answer questions and respond to comments.

**October 18: No Forum - MEA weekend**

**October 25: Reformation Sunday** - Our speaker will be **Dr. Philip Quanbeck II**, Associate Professor and Chair of the Department of Religion at Augsburg College in Minneapolis. He has served parishes in Illinois and Minnesota, written on preaching in "Word and World" and contributed to the SBL publication, "Teaching the Bible."

**November 1: Dr. Mark Granquist - All These Different Lutherans!** Lutherans have been present in North America in one form or another now for almost 400 years. It has not always been an easy transition, because the religious, political, and social cultures of America are not always in line with Lutheranism as it was originally developed in 16<sup>th</sup> century Europe. But Lutheranism has adapted to this new continent, with a surprising diversity of ethnicities, structures, and ideas, and has become truly at home here. We will look at all of these elements, to try and get some idea of who North American Lutherans are, what they believe, and how they live out their faith.

**November 8: 2009 Church wide Assembly Decisions on Human Sexuality** – Please join us in the sanctuary for conversation on the Church wide assembly this held this past summer. Among the many important items of discussion were resolutions on human sexuality – notably decisions on the role of gay and lesbian clergy and the blessing of same-sex relationships. Summary statements will be provided to better understand the background, deliberations and implications of what these changes in policy may bring to our church.

**November 15 and November 22: Dr. Bradley Hanson - Spirituality, Forgiveness, and Health.** These two sessions will focus on forgiveness of another person or group of persons. Part I will deal chiefly with forgiveness of another person in Christian perspective. Part II will deal chiefly with forgiveness of another person or group in psychological perspective using the insights of the Stanford psychologist Fred Luskin and devoting some attention to the health implications of forgiveness.

**November 29: No Forum - Thanksgiving weekend**

**First Lutheran Church  
100 Peace Ridge  
Lake City, MN 55041**

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## **Meet our Church Council**

Council meetings are open to the congregation. If members would like to have time on the agenda, they need to make the request to the Council President one week before the meeting. For information regarding your request, contact the Council President.

<b>Sue Benson</b>	345-3782	suebensonzta@yahoo.com	<b>Executive Council</b> President-Dean Flugstad Vice President-Paul Tackmann Secretary-Sylvia Hoffman
<b>Chuck Bremer</b>	345-4747	fourbushel@myclearwave.net	
<b>Julie Deschneau</b>	345-2609	jdeschneau@mchsi.com	
<b>Dean Flugstad, President</b>	345-4682	djflug@myclearwave.net	
<b>Sylvia Hoffman, Secretary</b>	345-5510	pevey@embarqmail.com	
<b>Bob Johnson</b>	345-3429	bobandjane@myclearwave.net	
<b>Phil Malley</b>	345-2174	pvmalley@embarqmail.com	
<b>Don Mueller</b>	651-269-3701	buroak3@mchsi.com	
<b>Jeff Mund</b>	651-267-0599	jeffrey.mund@ci.red-wing.mn.us	
<b>Kathy Jo Rodester</b>	345-4042	Kathyjo@lakeshoreins.com	
<b>Dick Severson</b>	345-2436	dickladonna62@earthlink.net	
<b>Paul Tackmann, V. President</b>	345-5494	tackmapr@embarqmail.com	

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